

The ASD Lineline Program

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ASD Parent: Autism Intervention

“Got the diagnosis, now what?”

- **Mondays, 10-11:30 am**
- **Thursdays, 6:30-8:00 pm**
*please call for other time availability
- **Location: 101 Church St., Suite 2
Los Gatos, CA 95030**



**Facilitators: AnaMaria Guevara, ASD Parent/Licensed Clinical Social Worker
Tracey Gatheral, ASD Resource Specialist**

- Week 1, 08/27/09: The ASD Parent Part I:** Validation (cycle of grief), Parent roles and identifying a service path for your child (private, public, both).
- Week 2, 09/03/09: The ASD Parent Part II:** Setting up respite, getting organized, and understanding Autism Spectrum Disorders
- Week 3: 09/10/09: How to Cope with the Demands of Caring for a Special Needs Child?**
- Week 4: 09/17/09: Overview of Different Service Treatment Models**
This session will help you identify the best program for your child.
- Week 5: 09/24/09: Schools:** Finding the right environment for your child and Navigating the Special Education Maze.
- Week 6: 10/1/09: Family Metamorphosis:** Redefining your family, success, roles and responsibilities, your child’s needs, learning to nurture those adaptive skills, and more.
- Week 7: 10/08/09: Successful Parent-Child Interactions:** How to initiate and sustain meaningful interactions with your child during daily activities.
- Week 8: 10/15/09 : Tips for Successful Outings:** Planning, packing, and adjusting for successful trips to restaurants, birthday parties, doctor’s visits, theme parks, etc. *(Includes parent panel).*
- Week 9: 10/ 22/09: Neurotypical Siblings:** How to support siblings, explain Diagnosis and tap into the HUGE benefits of having a sibling.
- Week 10: 10/29/09: Transition to Ongoing Treatment and Support:** How to take care of yourself, your family, and continue to monitor



This program is uniquely designed to offer you the resources and information you need in a safe, supportive, and interactive group environment. This is an opportunity to receive information and explore how the information applies to your child and family. You will leave with relevant materials and resources.

Also, attending a workshop along with professionals who really just don't "get it" can be very frustrating and discouraging.

This program is exclusively for parents/ family members and delivered by staff competent in group facilitation.

We are offering you the information and guidance we wish had been given to us right at the beginning.

You can choose to ***enroll in individual sessions*** or the ***full series***. Course fee is \$45 per session or \$400 for the full series (price includes materials and refreshments).

To register or for more information, please contact AnaMaria Guevara, LCSW, at (408) 399-5128 or anamaria.guevara@comcast.net or visit us on the web at www.asdlifelineprogram.com