

Leina Ramos, LCSW, specializes in mental health services for children, adolescents, and their families. At the Center for Developing Minds, she facilitates integrated playgroups for preschoolers with Autistic Spectrum Disorder, as well as support groups for siblings of children with developmental disabilities. Additionally, she facilitates children's social skills groups at FriendSmarts in Palo Alto, using a psychoeducational approach to coach children in initiating social contact and enhancing the quality and scope of their interactions. For the past 15 years, Leina has provided assessments and psychotherapy to children with emotional, social, and behavioral difficulties. She has worked in outpatient clinics for Santa Clara County Mental Health, EMQ Children and Family Services, San Francisco County Mental Health, and Edgewood Children's Center. She has also provided school-based mental health services in San Francisco, focusing on elementary school and preschool children.

In addition to working with clients, Leina has functioned as a field instructor for San Jose State University, training masters-level social work interns.

Leina earned her BA in Psychology from the University of California, Los Angeles, in 1990, and completed her Masters in Social Welfare at University of California, Berkeley, in 1993. She received her clinical social work training at Langley Porter Psychiatric Institute at UCSF, and at the Child Study Center at Yale University, where she focused on providing psychodynamic psychotherapy to children and adolescents, and received specialized training in assessments of young children, ages 0 to 5.

Leina is married and has 5-year-old twins.