

[The ASD Lifeline Program](#)

Neuro-Sibs Support Groups

What about the typical brothers and sisters?

NOW ENROLLING ONLY \$35

Available Times:

Wednesdays, 4:30-5:30 pm (ages 6-9),
2:00-3:00 pm (ages 10-13)

Meeting Dates:

Wednesdays (3/9, 3/16, 3/23, 3/30, 4/6,
4/20, 5/4, 5/11, 5/18, 5/25)



Location: 2542 S. Bascom Ave., Suite 250; Campbell, CA 95008

Facilitator: AnaMaria Guevara, Licensed Clinical Social Worker

This group will provide the following to your child:

- Safe and confidential therapeutic environment to share his/her experience with other peers
- Opportunity to explore and express his /her feelings
- Normalize his/her experience and create a sense of community
- Information about diagnosis to help him/her better understand his/her sibling and to build empathy
- Tools for interaction with his/her sibling to build a sense of competence in their interactions
- Guided exercises to explore alternatives to problematic situations at home (role plays, journaling/narratives, matching with peer for peer support, etc)
- Respite time from sibling relationship and opportunity for peer social interactions.

The fee is \$35 per child per meeting date/session. A maximum of four children will be accepted for the younger group and six for the older group. Materials are provided. Children are asked to bring their own snack to group.

For more information, please visit our website www.asdlifelineprogram.com . To register or for questions, please contact AnaMaria Guevara, LCSW, at (408) 963-6437.