

# *Tracey Gatheral*

## **Family Resource Specialist**

Tracey Gatheral began her career over 20 years ago in the High Tech industry in a variety of roles, including Marketing and Operations. Since her daughter's ASD diagnosis, Tracey has dedicated her time and energy to helping her daughter.

The first few months after receiving a diagnosis of Autism Spectrum Disorder (ASD) can be paralyzing. There is so much to do and to learn and no roadmap to guide you. It's that unique understanding which created the desire to assist other families in similar situations.

Tracey has been to many seminar and trainings, such as SCERTS, Linda Mood-Bell, Carol Gray and Michelle Garcia Winner's social thinking workshops to name a few. She has access to highly regarded service providers, such as Speech therapists, Occupational Therapists, Behavioral Therapists, information about bio-medical and dietary interventions, schools and facilitated playgroups.

She aspires to combine her professional skills with her experience and pass that onto other families with the goal of assisting them through their journey of helping their ASD child.

Tracey is offering 1:1 services to parents as an **Family Resource Specialist**, who can assist them in getting organized, getting connected, identifying appropriate service providers, IEP support and general guidance through this process.

In addition, Tracey will be co-facilitating a 10-week series of uniquely designed interactive workshops, "**ASD Parent: Autism Intervention**" with AnaMaria Guevara, ASD Parent/LCSW. The program is designed to aid parents & caregivers in what to do after receiving a diagnosis of Autism Spectrum Disorder for their child. Sample topics include: How to Cope with the Demands of caring for a Special Needs Child, Overview of different service treatments, How to initiate and sustain meaningful interactions with your child, etc.

She is very passionate in her desire to relieve parents of the mistakes many of us make upon entering this new world we've been thrust into.